## **GOOD SAMARITAN CAMPUS**

## **Clothing and Equipment List**

ITEM	QUANTITY	DESCRIPTION	WEEK A	WEEK B
		CLOTHING		
Runners	2 pairs	Old runners preferable as they will get wet	✓	✓
Walking boots	1 pair	Must be worn in and comfortable for walking. (Do not bring elastic sided boots)		✓
Track pants	3	2 for day field trips, 1 for nights on campus	✓	
	4	2 during expedition, 1 for field trips, 1 for nights on campus		✓
T-shirts/ collared shirts	3		✓	✓
Pyjamas	1		✓	✓
Slippers/ slides	1		✓	✓
Woollen/ fleece jumpers/ puffer jacket	2	Do not bring cotton jumpers	✓	✓
Thick socks	4 pairs	E.g. Explorer socks/ Bushwalking Socks (do not bring cotton socks)	✓	✓
Synthetic socks	2 pairs	Do not bring cotton socks	✓	✓
Underwear	5 pairs		✓	✓
Shorts	2 pairs	Terms 1 and 4	✓	✓
Sunhat	1		✓	✓
Beanie	1	Woollen or polar fleece	✓	✓
Towel	1	1 bath towel	$\checkmark$	$\checkmark$
Thermal top & pants	1	Recommended especially for Terms 2 and 3	✓	✓
Plastic bag	3	Something like Multix Garden Drawtight Garbage Bags 3 Pack		✓
		EQUIPMENT		
Luggage Bag	1	Soft sports/ duffel bag able to be carried. Maximum 80 Litres. The school will provide hiking packs for the journey days.	✓	✓
Sleeping bag	1	Should be made from Goose Down or Synthetic and of good quality. Should come in a small stuff sac or sac with compression straps. Needs to be comfort rating 0 or below.	✓	
	1	Should be made from down or Dacron and of good quality. Should come in a small stuff sac or sac with compression straps. Needs to be 0 comfort rating or -10 survival rating		✓
Fitted single bed sheet	1	For the bunk beds	✓	✓
Inner sheet	1	Cotton or silk for sleeping bag	✓	✓
Pillow & Pillow case	1		✓	✓
Water bottle	2	Minimum 2x1 litre, wide mouthed (preferably 1.5 litres)	✓	✓
Sandwich container	1	For lunches at camp	✓	✓
Bowl/fork/spoon	1	Required for expedition		✓
Mug	1	Required for expedition (an appropriate bush walking mug is recommended)		✓
Personal Kit	1	To include personal medication (e.g. Ventolin)	✓	✓
Toiletries	1	Toothbrush, toothpaste, biodegradable soap, shampoo etc.	✓	✓
Hand sanitiser	1	Required for expedition		✓
Plastic bags	2 4	Recycled shopping bags (to put wet personal belongings in) Recycled shopping bags (to put rubbish in)	✓	✓
Stationery	1	pens, pencils	✓	✓
Day Pack	1	Similar to size used at school (preferable not the College pack)	✓	✓
Torch & spare batteries	1		✓	✓
Lunch	1	Bring your own lunch on the first day	✓	✓
Wrist Watch	1			✓