

GOOD SAMARITAN CAMPUS

Clothing and Equipment Check List

Clothing (Week A & B)		
Runners	2pr	Old runners preferable as they will get wet
Track pants	3	2 for day field trips, 1 for nights on campus
T-shirts/collared shirts	3	
Pyjamas	1	
Slippers/slides	1	
Woollen/fleece jumpers/puffer jacket	2	Do not bring cotton jumpers
Thick socks	4pr	Eg. Explorer socks
Synthetic socks	2pr	
Underwear	5pr	
Shorts	2pr	Terms 1 & 4
Sunhat	1	
Beanie	1	Woollen or polar fleece
Towel	1	1 bath towel
Thermal top & pants	1	Recommended especially for Terms 2 and 3

Equipment		
Sleeping bag	1	Should be made from Goose Down or Synthetic and of good quality. Should come in a small stuff sac or sac with compression straps. Needs to be 3-4 season for Terms 2 & 3 and 2 – 3 season for Terms 1 & 4
Fitted single sheet	1	For the bunk beds
Inner sheet	1	Cotton or silk for sleeping bag
Pillow & Pillow case	1	
Water bottle	2	Minimum 1 litre, wide mouthed
Sandwich container	1	For lunches each day
Personal Kit	1	To include personal medication (eg. Ventolin)
Toiletries	1	Toothbrush, toothpaste, biodegradable soap, shampoo etc.
Plastic bags	2	Recycled shopping bags (to put wet personal belongings in)
Stationery	1	pens, pencils
Day Pack	1	Similar to size used at school (preferable not the College pack)
Torch & spare batteries	1	
Lunch	1	Bring your own lunch on the first day

Clothing (Week B)

Walking boots	1pr	Must be worn in and comfortable for walking. (Do not bring elastic sided boots)
Runners	2pr	Old runners preferable as they will get wet
Shorts	2pr	Terms 1&4
Track pants	4	2 during expedition, 1 for field trips, 1 for nights on campus
T-shirts/collared shirts	3	
Woollen/fleece jumpers	2	Do not bring cotton jumpers
Thick socks	4pr	Eg. Explorer socks/Bushwalking Socks (do not bring cotton socks)
Synthetic socks	2pr	(do not bring cotton socks)
Underwear	5pr	
Sunhat	1	
Beanie	1	Woollen or polar fleece
Towel	1	1 bath towel
Thermal top & pants	1	Recommended especially for Terms 2 and 3
Plastic bag	3	Something like Multix Garden Drawtight Garbage Bags 3 Pack

Equipment (Week B)

Sleeping bag	1	Should be made from down or Dacron and of good quality. Should come in a small stuff sac or sac with compression straps. Needs to be -5 centigrade or below (3-4 season) for Terms 2 & 3 and 2 – 3 season for Terms 1 & 4
Fitted single bed sheet	1	For the bunk beds Wednesday and Thursday night
Inner sheet	1	Cotton or silk for sleeping bag
Wrist Watch	1	
Pillow & Pillow case	1	
Water bottle	2	Minimum 2X1 litre, wide mouthed (preferably 1.5 litres)
Sandwich container	1	Lunches at the campus
Bowl/fork/spoon	1	Required for expedition
Mug	1	Required for expedition (an appropriate bush walking mug is recommended)
Personal Kit	1	To include personal medication (eg. Ventolin)
Toiletries		Toothbrush, toothpaste, biodegradable soap, shampoo etc.
Hand sanitiser	1	Required for expedition
Plastic bags	4	Recycled shopping bags (to put rubbish in)
Stationery		Pens, pencils
Day Pack	1	Similar to size used at school (preferable not the College pack)
Torch & spare batteries	1	Required for evenings while on expedition
Lunch	1	Bring your own lunch on the first day