

HEALTHY BODY IMAGE

How to support your child's self-esteem

Are you worried about your child's body image? Or your own? Do you know the difference between body image and self-image?

In this webinar, we will explore how parents can support their child's healthy body image and self-esteem.

This FREE webinar will offer parents ideas and strategies to help children with their worries about their changing bodies. You will have a unique opportunity to hear from and ask questions with a Drummond Street Child and Family practitioner who has a background in eating disorder care and healthy body image.

FREE ZOOM
WORKSHOP

Monday April 10

6.30-7.30pm

We'll send you the link on the day of the webinar.

Bookings:

<https://ds.org.au/events>



We acknowledge the traditional owners of the land where we work and pay respects to elders past, present and future.