 **GOOD SAMARITAN CAMPUS**

**Clothing and Equipment Check List**

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| **Clothing (Week A & B)** |
| **Runners** | 2pr | Old runners preferable as they will get wet |
| **Track pants** | 2 | Preferably not cotton and made from synthetic materials |
| **Work pants** | 1 | For work around Good Samaritan Campus |
| **T-shirts/collared shirts** | 3 |   |
| **Pyjamas** | 1 |  |
| **Slippers/slides** | 1 |  |
| **Woollen/fleece jumpers/puffer jacket** | 2 | Do not bring cotton jumpers |
| **Thick socks** | 4pr | Eg. Explorer socks |
| **Synthetic socks** | 2pr |   |
| **Underwear** | 5pr |   |
| **Shorts** | 2pr |  |
| **Sunhat** | 1 |   |
| **Beanie/ warm woollen hat** | 1 | Woollen or polar fleece |
| **Rain jacket/ sports jacket** | 1 |  |
| **Towel** | 1 | 1 bath towel |
| **Thermal top & pants** | 1 | Recommended especially for Terms 2 and 3 |
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| **Equipment** |
| **Sleeping bag** | 1 | Should be made from down or Dacron and of good quality. Should come in a small stuff sac or sac with compression straps. Needs to be 3-4 season for Terms 2 & 3 and 2 – 3 season for Terms 1 & 4 |
| **Fitted single sheet** | 1 | For the bunk beds |
| **Inner sheet** | 1 | Cotton or silk for sleeping bag |
| **Pillow & Pillow case** | 1 |   |
| **Water bottle** | 2 | Minimum 1 litre, wide mouthed |
| **Personal Kit** | 1 | To include personal medication (eg. Ventolin) |
| **Toiletries** | 1 | Toothbrush, toothpaste, biodegradable soap, shampoo etc. |
| **Plastic bags** | 2 | Recycled shopping bags (to put wet personal belongings in) |
| **Stationery** | 1 | pens, pencils  |
| **Day Pack** | 1 | Similar to size used at school (preferable not the College pack) |
| **Torch & spare batteries** | 1 |  |

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| **Clothing (Week C)** |
| **Walking boots** | 1pr | Must be worn in and comfortable for walking. (Do not bring elastic sided boots) |
| **Runners** | 1pr | Old runners preferable as they will get wet canoeing |
| **Shorts** | 2pr | 1pr that you can swim in |
| **Track pants** | 2 | Preferably not cotton and made from synthetic materials |
| **Work pants** | 1 | For work around camp |
| **T-shirts/collared shirts** | 3 |   |
| **Woollen/fleece jumpers** | 2 | Do not bring cotton jumpers |
| **Thick socks** | 4pr | Eg. Explorer socks/Bushwalking Socks (do not bring cotton socks) |
| **Synthetic socks** | 2pr |  (do not bring cotton socks) |
| **Underwear** | 5pr |   |
| **Sunhat** | 1 |   |
| **Beanie** | 1 | Woollen or polar fleece |
| **Towel** | 2 | 1 bath towel and 1 small towel for overnight walk |
| **Thermal top & pants** | 1 | Recommended especially for Terms 2 and 3 |
| **Plastic bag** | 3 |  |

\*These are optional; however it is advised that during winter these are included.

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| **Equipment (Week C)** |
| **Sleeping bag** | 1 | Should be made from down or Dacron and of good quality. Should come in a small stuff sac or sac with compression straps. Needs to be -5 centigrade or below (3-4 season) for Terms 2 & 3 and 2 – 3 season for Terms 1 & 4 |
| **Fitted single bed sheet** | 1 | For the bunk beds Monday and Thursday night |
| **Inner sheet** | 1 | Cotton or silk for sleeping bag |
| **Wrist Watch** | 1 |  |
| **Pillow & Pillow case** | 1 |  |
| **Water bottle** | 2 | Minimum 1 litre, wide mouthed (preferably 1.5 litres) |
| **Plate/knife/fork/spoon** | 1 | Required for expedition |
| **Mug** | 1 | Required for expedition (an appropriate bush walking mug is recommended) |
| **Personal Kit** | 1 | To include personal medication (eg. Ventolin) |
| **Toiletries** |  | Toothbrush, toothpaste, biodegradable soap, shampoo etc. |
| **Hand sanitiser** | 1 | Required for expedition |
| **Plastic bags** | 4 | Recycled shopping bags (to put rubbish in) |
| **Stationery** |  | Pens, pencils |
| **Day Pack** | 1 | Similar to size used at school (preferable not the College pack) |
| **Torch & spare batteries** | 1 | Required for evenings while on expedition |